



NORTHCOTT  
*Cottons that feel like silk*



# CANADIAN SESQUICENTENNIAL

by Deborah Edwards



FREE PATTERN • Coast to Coast to Coast • 72" x 72" by Elaine Theriault of Northcott

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**IMPORTANT – PLEASE READ BEFORE CUTTING OR WASHING!**

- **NOTE ON CUTTING:** There is not a lot of extra space between the motifs on the panels. Be very careful when fussy cutting. Try not to extend your cut lines beyond the image you are cutting as you don't want to end up with a cut line in the adjacent motif. Note the four motifs that look similar in size, but are cut to DIFFERENT sizes so you can't extend the cut lines. Please refer to the cutting instructions for the sizes that need to be cut. If you prefer, draw a line around each of the motifs that you need to ensure that you have enough space. I cut ONE side of each motif at a time especially on the flags. I cut one side and if necessary, I wiggled the fabric in order to get a square corner. Note that fabric is very fluid and fussy cutting can be time consuming. Take your time, double check BEFORE you cut. The first cut is the hardest!
- This diagram is an APPROXIMATION of the fussy cutting you will do on the panels.



- Please note that some of the measurements in these instructions are approximate. You need to make the measurements of the borders and the spacers appropriate to the size of YOUR quilt.
- It is best to NOT prewash preprinted fabrics such as panels and border prints. The fabric goes through many processes to be delivered to the consumer and there may be some size variations. If you're unable to cut the panels to the size mentioned above, cut the pieces to a size that works for your panels and adjust any other measurements accordingly.
- From the panels, you will use all 13 flags, shields, and provincial names. In addition, you will need one CANADA, two 150 Canada Maple Leaf, two Canada flag 1867-2017, one Canada flag and four 150 circle motifs. The remainder of these motifs can be used to make bags, pillows, placemats, etc.

## Coast to Coast to Coast

**PLEASE READ THE NOTES AT THE BEGINNING OF  
THE PATTERN BEFORE CUTTING OR WASHING**

Finished Size: 72" by 72"

wof = width of fabric

Fabric requirements	Yard	Cutting Instructions
<p><b>Fabric A – Provincial Panels</b>                      #DP21363-11 – Yukon                      #DP21364-11 – NWT                      #DP21365-11 – Nunavut                      #DP21366-11 – Newfoundland                      #DP21367-11 – PEI                      #DP21368-11 – Nova Scotia                      #DP21369-11 – New Brunswick                      #DP21370-11 – Quebec                      #DP21371-11 – Ontario                      #DP21372-11 – Manitoba                      #DP21373-11 – Saskatchewan                      #DP21374-11 – Alberta                      #DP21375-11 – British Columbia</p> <p>Block centers, Border #2 and Border #4</p>	<p>ONE of each panel</p>	<ul style="list-style-type: none"> <li>• Block Centers: CAREFULLY FUSSY cut around each of the provincial shields. You need to cut a 6 7/8" square. Center each of the shields within the 6 7/8" square. The shields vary in size so make sure that you take the time to center each one individually. I used a 9 1/2" square ruler to make these cuts. DO NOT cut beyond the 6 7/8" as you need the other components.</li> <li>• Border #4 Corners: CAREFULLY FUSSY cut FOUR of the 150 Circle motifs for the four corners - 6 3/4" square. 6 3/4" is the same height as the height of the flags. This is critical.</li> <li>• Border #4: CAREFULLY FUSSY cut TWO of the Canada flag 1867-2017. 6 1/2" wide by 6 3/4" high. 6 3/4" is the same height as the height of the flags. This is critical.</li> <li>• Border #4: CAREFULLY FUSSY cut TWO of the 150 Canada Maple Leaf motifs. 7" wide by 6 3/4" high. 6 3/4" is the same height as the height of the flags. This is critical.</li> <li>• Border #4: CAREFULLY FUSSY cut around each of the provincial flags. 11 3/4" wide by 6 3/4" high.</li> <li>• Border #4: CAREFULLY FUSSY cut ONE Canadian flag. 11 3/4" wide by 6 3/4" high.</li> <li>• Border #2: CAREFULLY FUSSY cut each of the names of the provinces and ONE Canada. Cut 2 1/2" wide by the width of the panel (approximately 15"), centering where possible, each of the names within the 2 1/2". The size of the lettering varies. You may not be able to center each of the names within the 2 1/2". In that case, cut at least 1/4" below or above that you can use for the seam allowance. Do not trim the ends at this point.</li> </ul>
<p><b>Fabric B – Cream newsprint</b>                      #21359-11                      Block frame for provincial shields                      This is a directional print. I ignored the fact that it was a directional print when I cut it.</p>	<p>.7 meter</p>	<ul style="list-style-type: none"> <li>• Cut 4 strips measuring 5 1/2" by WOF                             <ul style="list-style-type: none"> <li>• Sub cut twenty-six (26) squares measuring 5 1/2" square</li> <li>• Cut EACH square in half diagonally ONCE</li> </ul> </li> </ul>
<p><b>Fabric C – Gold mottled</b>                      #21341-34                      Sashing</p>	<p>.5 meter</p>	<ul style="list-style-type: none"> <li>• Cut 9 strips measuring 1 1/2" by WOF</li> </ul>
<p><b>Fabric D – Blue mottled</b>                      #21341-49                      Setting triangles and corner triangles</p>	<p>.5 meter</p>	<ul style="list-style-type: none"> <li>• Cut 1 strip measuring 16" by WOF                             <ul style="list-style-type: none"> <li>• Sub cut two (2) squares measuring 15 1/2" square</li> <li>• Cut on the diagonal TWICE (Setting triangles)</li> </ul> </li> <li>• From the remaining piece, cut TWO squares measuring 8" square                             <ul style="list-style-type: none"> <li>• Cut each square on the diagonal ONCE (Corner triangles)</li> </ul> </li> </ul>

<b>Fabric E – Red mottled</b> #21341-24 Sashing, cornerstones, borders and binding	2.2 meters	<ul style="list-style-type: none"> <li>• Cut 18 strips measuring 1" by WOF</li> <li>• Cut 19 strips measuring 2" by WOF <ul style="list-style-type: none"> <li>• Join the strips, using a diagonal seam, for the borders</li> </ul> </li> <li>• Cut 10 strips measuring 2 ½" by WOF <ul style="list-style-type: none"> <li>• From two (2) strips, sub cut twenty-four (24) squares measuring 2 ½" square (Corner stones in the sashing)</li> <li>• Join eight (8) strips using a diagonal seam for the binding</li> </ul> </li> </ul>
<b>Fabric F – Cream</b> #21341-11 Spacers for Border #2 and #4	.5 meter	<ul style="list-style-type: none"> <li>• Cut four (4) strips 2 ½" by WOF</li> <li>• Cut one (1) strip into half for spacers for Border #2</li> <li>• Cut twelve (12) 6 ¾" x 2 ½" pieces for spacers for Border #4 (top and bottom)</li> <li>• Cut two (2) strips 3 ½" by WOF <ul style="list-style-type: none"> <li>• Cut ten (10) 6 ¾" x 3 ½" pieces for spaces for Border #4 (sides)</li> </ul> </li> </ul>
<b>Backing</b> #21361-24	4 meters	

### Square in a square:

Make one (1) square in a square unit using one (1) square (6 7/8") of the provincial shield and two (2) squares (5 ½") (that have each been cut into two triangles) of Fabric B. Block should measure 9 ½" square. Trim if necessary. Repeat for EACH of the 13 provincial shields.

### Pieced sashing:

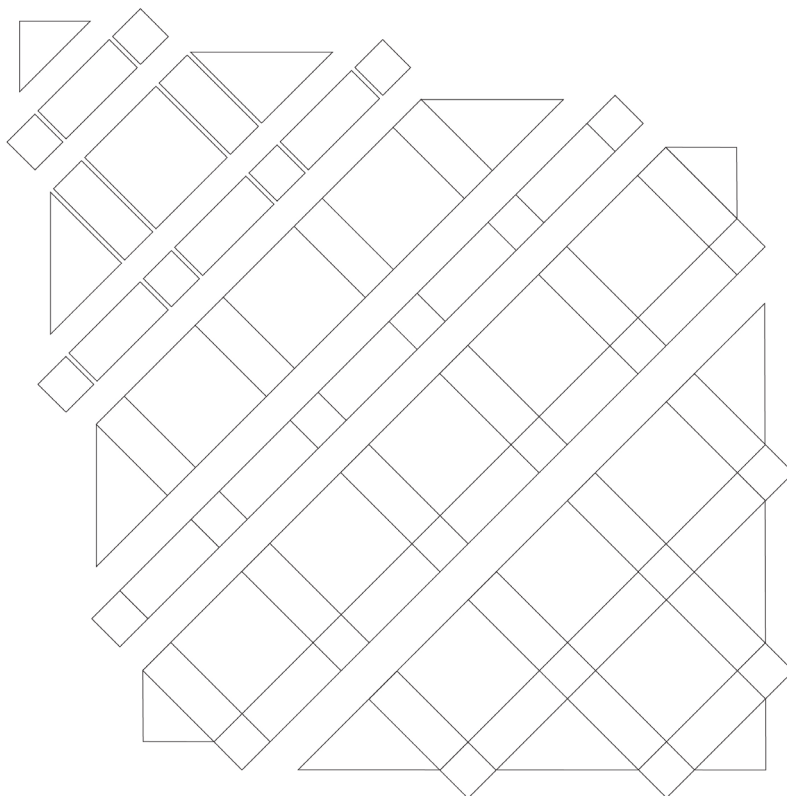
Carefully sew a 1" strip of Fabric E (red mottled) to each side of the 1 ½" strips of Fabric C (gold mottled). Carefully press to Fabric C. The strip set should measure 2 ½" wide. Make 9 strip sets

Trim off the selvedge edge and cut into 36 sections that measure 2 ½" by 9 ½".



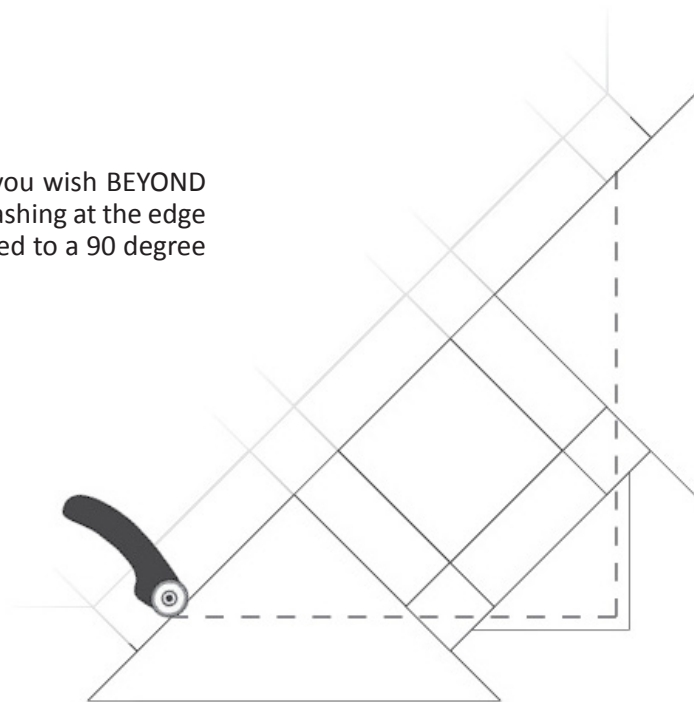
### Quilt center assembly:

Using the diagram as a guide, assemble the quilt center in diagonal rows. Press the seams towards the narrow strip of red mottled in the sashing. Adding the blue setting triangles at the ends of the appropriate rows and the corner triangles at the four corners. The setting triangles are larger than they need to be and some edges will NOT match up at the ends of the seams. Make sure to match up the sashing with the cornerstones. You will be trimming the edges once the top is together.



### Trimming the quilt top:

Using a long ruler, trim  $\frac{1}{4}$ " or slightly more if you wish BEYOND the intersections of the cornerstones and the sashing at the edge of the quilt. Ensure that the corners are trimmed to a 90 degree square corner.



### **Border #1: Red Mottled**

Measure through the center of the quilt to get the vertical length of the quilt. Using the joined strips (2") of Fabric E, cut two pieces that correspond to the vertical length of the quilt. Match the center of the border to the center of one of the side edges of the quilt. Pin both ends of the border to the edges of the quilt. You may have to ease in the border or the quilt. Pin and stitch the two side borders to the quilt. Repeat the process for the top and bottom borders. Start by measuring through the horizontal center of the quilt including the two borders you just added. Cut two border pieces, match the centers and the ends and sew to the top and bottom of the quilt.

### **Border #2 – Provincial Names**

I chose to use THREE provincial names in the top border, FOUR provincial names on each side and TWO provincial names PLUS the word CANADA in the bottom border. I trimmed the provincial symbol from beside the word Canada, making this word about 4" shorter than the provincial names. You decide how you want to place the names. Note that the flags are positioned in the same order in the 4th border.

Start by squaring up both ends of each provincial name and joining three name pieces for the top border and three name pieces for the bottom border. Add a spacer strip (Fabric F) to each end of the three name strip. Determine the length of the top and bottom borders by measuring through the center of the quilt. Cut the bottom border to the appropriate length, centering the section with the three names. The spacer piece was approximately 3-4" long on either side of the three names section for the bottom.

Repeat this process for the top border using three pieces. Add a spacer strip and trim the border to the appropriate length (same measurement as the bottom border). The spacer strip on this border will be smaller. Remember we shortened the word "Canada".

Match the center of the border to the center edge of the quilt, Pin the ends of the border to the edges of the quilt, easing in either the border or the quilt pin and top. Pin and stitch the borders to the top and bottom of the quilt and press to the previous border. Note the orientation of the words. The top of the words are sewn to Border #1 for the bottom row and the bottom of the words are sewn to Border #1 in the top row.

Repeat for the side borders. You may not have to add the spacer strips to the ends and in fact, you may have to trim some of the ends of the two outer provincial names off. You can fudge the distance between the names. I did not. Add these two side borders in the same manner. Press to Border #1.

### **Border #3: Red Mottled**

Repeat the same process as Border #1. Make sure to measure through the center of your quilt to get the measurement. Center the strips, pin and then sew.

### **Border #4: Provincial Flags**

Use the same process as Border #2, but with one small change. The provincial flags were sewn together with a small spacer strip BETWEEN each flag and at the ends of each border.

Start with the bottom border. Determine how long the top and bottom borders need to be by measuring through the center of the quilt. Add a 2 ½" spacer strip between the flags (I used the same order as the Provincial names in the Border #2) for the bottom border and to each end of the row. Trim the row to the length needed, keeping the spacer strip on each end the same (or very similar width). Spacer on the ends will be approximately 2". Repeat for the top border. Note the orientation for the top border. The BOTTOM of the flags touch Border #3, while the TOP of the flags touch Border #3 in the bottom border.

Press to Border #3. Repeat for the two side borders, but this time use the 3 ½" spacers. Be very careful with the motif in the corners. Note that the orientation of the circle motif is NOT the same as the flags. You decide how you want it to be. This border measurement is a wee bit different. You will measure the length of the border from the EDGE of Border #4 to the opposite edge of Border #4. DO NOT include the flag border in this measurement. This is the length that you will trim the side borders. Add on the corner motifs and join to the quilt.

### **Border #5: Red Mottled**

Repeat the same process as Border #1. Make sure to measure through the center of your quilt to get the measurement. Center the strips, pin and then sew.